



**Saltergate**

Newby Crescent  
Harrogate  
North Yorkshire  
HG3 2TT

Phone: 01423 508552  
admin@saltergateschools.co.uk  
[www.saltergateschools.co.uk](http://www.saltergateschools.co.uk)

Headteacher: Mrs Joanne Hall BA (Hons) PGCE NPQH

Years 4, 5 and 6 Free Future Lionesses Taster Session

Friday 21<sup>st</sup> March 2025

Location: Saltergate Primary School 3.30pm – 4.30pm

Dear Parents / Carers,

We are pleased to inform you that we have been successful in acquiring a girl's football session led by the football player development center called Future Lionesses who focus on girl's football and especially girls who may have a possibility of becoming a future Lioness. The coaches are going to be coming into school on Friday 21<sup>st</sup> March to run a free taster session with some of our established football players but also any girls who want to try something new. The session will be held on the Junior field from 3.30pm until 4.30pm.

The girls will need to bring their PE kits including shin pads, long socks, trainers and a water bottle. Your child can bring studded football boots but they may not be needed on the day; this is a decision that will be made by the coaches on the day, depending on the condition of the school field. It is likely that the session will be held on the playground as the school field is currently still very boggy.

After our recent success of the girl's football team in years 5 and 6, we feel this is a perfect opportunity to once again try to increase participation in girl's football across the school and the community as well as providing a well-earned reward to our established football girls who are now going onto represent Saltergate and North Yorkshire at the Regional Finals in the not too distant future. The FPD center are also keen to provide this opportunity to our girls in years 4, 5 and 6 and are happy to run this session for free.

Once the session has finished, your child can be collected as normal from the office area (as you would collect after any clubs) or be taken to Kid's Club. We will need confirmation for any children who will be walking home after the session if they are in Years 6 so please contact the office with this if it is required.

Please see below for more information about the development center, their aims and who they are.

#### **Who are Future Lioness and what do we offer?**

*Future Lioness is a girls only, football player development centre. Launched in April 2023 we currently have over 65 girls aged 8-16 who attend our weekly football training sessions held at Harrogate Grammar School. Jon Maloney is our Head Coach and has worked in women's and girl's football for over 10 years, having previously set-up Harrogate Town Women's first team and Harrogate Town Girl's Player Development Centre. Our team of qualified and experienced coaches are passionate about developing girl's football.*



*Future Lioness training sessions focus on a variety of technical ball skills, movement and passing skills and physical skills. Sessions are fun and engaging whilst enabling girls to take their game to the next level. Our overriding aim is to provide girls with all the necessary key skills to progress their footballing abilities, develop their self-confidence and social skills and allow them to build friendships through football.*

*It is our mission to champion girls' football by providing young female players with access to a supportive environment with excellent coaching and facilities to enable them to build both their self-esteem and self-confidence within the game.*

*Our free taster session provides the opportunity to experience a Future Lioness training session. You can find more information at [www.futurelioness.co.uk](http://www.futurelioness.co.uk)*

As a school we are incredibly lucky to be receiving a visit from this football development centre and it is a very exciting opportunity for our girls who love football, are keen footballers themselves and have a natural gift for the sport – and those who would like to try it!

If you think your child would benefit from and be interested in attending this session, please apply for a place through the school app Arbor by Friday 7<sup>th</sup> March. There are a limited number of spaces available and places will be given on a first come, first served basis. The portal will open on Tuesday 4<sup>th</sup> March at 6pm and close again on the morning of Friday 7<sup>th</sup> March at 9am.

If you have managed to successful apply for a place on the Arbor app, it will say within the app that your child has a place and the school will not need to contact you with a confirmation. However, if anything changes and your child can no longer attend or changes their mind, please can you contact the school office so we can offer the place to any other girls who may be interested but did not get a place.

Many Thanks,

Miss Tremble      Miss Tye